

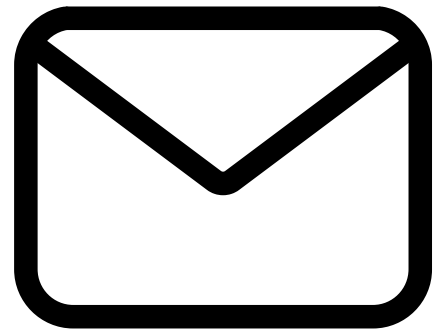
# How to Contact Us:



Unit 7 Woolwich Common  
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Woolwich, SE18 4HX



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# Newsletter

April 2026

# Terri Looker CEO



Hello and welcome to our refreshed newsletter.

It's been a while since our last edition, largely because we didn't have anyone in post to keep it going. I'm really pleased to say that Grace has now joined us and will be producing a quarterly newsletter from here on, so you can expect more regular updates about what's happening across our work.

As we head into the final year of our RBG funding, supporting community engagement, connecting communities, providing advice and guidance, and our wraparound welfare service for Unity Works Work train, much of my focus has been on securing what comes next. That includes seeking funding beyond the local authority, alongside reapplying to them for the next four years, to help protect and sustain these vital services. Wish us luck.

There's plenty to look forward to as well. We have several new short, two-hour projects launching in May, with more in the pipeline.

We are still seeking trustees to join our board, so if you know of anyone, please put them in touch with me.



# New Sessions

**Greenwich  
mencap**

## CRAFT SESSION

BRACELET MAKING. SALT DOUGH ORNAMENTS.  
CARD MAKING AND MORE

EVERY MONDAY STARTING 13TH APRIL,  
9:30-11:30

RIVERWOOD PROJECT  
UNIT 7 WOOLWICH COMMON  
ENTERPRISE CENTRE, PEACE STREET  
SE18 4HX

**COST:**  
£5 PER SESSION

CONTACT JO FOR BOOKING  
JOANNE.BLADE@GREENWICHMENCAP.ORG.UK  
07388379435

**Greenwich  
mencap**

## THE CINEMA CLUB

**£3  
per  
person**

**Every Monday**  
Start date 13<sup>th</sup> April 12-3pm  
(except bank holidays)

Come Join us to relax and watch a movie, a  
choice of films from the Disney+ or Netflix.  
Includes a small popcorn & drink.

**Where**  
Riverwood Project, Unit 7, Woolwich  
Common enterprise centre, Peace Street  
SE18 4HX

**Who can come:**  
Any Greenwich resident with a  
learning disability or & autism 18+  
To book your place call Jo, 07388 379435

**Greenwich  
mencap**

## WALK TALK COFFEE

Starting Tuesday May 5<sup>th</sup>  
9.30-11.30

**Cost £2**

To book, contact Jo:  
joanne.blade@greenwichmencap.org.uk or  
07388379435

Meet at Riverwood, Unit 7  
Woolwich Common Enterprise Centre  
Peace Street, SE18 4HX

Must be independent or supported

**Greenwich  
mencap**

## Cooking Class

Join our Cooking Class and uncover the secrets behind  
the bold, flavourful, and vibrant world of food!

**START DATE MAY 5<sup>TH</sup>**  
**TUESDAY 12.30-3PM**

Riverwood, Unit 7, Woolwich  
Common Enterprise Centre,  
Peace Street, SE18 4HX

**Cost £5**

To book contact  
joanne.blade@greenwichmencap.org.uk 07388379435

MUST BE INDEPENDENT OR SUPPORTED

# New Service

This will be launching at the **end of May**

We're excited to introduce **Before the Greenlight**, a new early support service from Greenwich Mencap, designed to help children aged 0-5 and their families at the very first signs of need. Too often, families face long waits for diagnosis or support, leaving them to navigate challenges alone during crucial early years. This new pilot aims to change that, offering timely, practical support before difficulties escalate, and ensuring families feel heard, supported, and connected from the very beginning.

The service will offer a flexible and responsive model of support, including:

- One-to-one sessions tailored to each family's needs
- A mix of in-person appointments, virtual check-ins, and home visits where appropriate
- Monthly peer support opportunities to build connection and reduce isolation
- Practical guidance and signposting to help families navigate services and next steps

If you'd like to find out more, please contact Aquila. We look forward to supporting more children and families across our community very soon.



**Greenwich mencap**

## Before the Greenlight

Supporting children and families earlier, before challenges escalate.

**Coming soon!**

### What is Before the Greenlight?

We are a new early support service designed to help children and their families at the first signs of need, before issues reach crisis point. We work alongside families and professionals to provide timely, practical support that makes a real difference.

### Who is it for?

- Parents and carers of children aged 0-5
- Children showing early signs of emotional, behavioural, or developmental needs

### What support is available?

- Early advice and guidance for parents and carers
- 1:1 support tailored to individual needs
- Help navigating services and next steps
- Signposting to the right support at the right time

### How to access this service?

You can access Before the Greenlight through:

- Self-referral via email (parents and carers)
- Professional referral (schools, health, etc.)

Email: [gl4@greenwichmencap.org.uk](mailto:gl4@greenwichmencap.org.uk)  
Phone: 07496 854754  
Website / QR code: coming soon!



# Blossom's & Juliet's Retirement Party

## Celebrating Long Service at Greenwich Mencap

Juliet and Blossom have both given many years of dedicated service to Greenwich Mencap. To celebrate their long service and upcoming retirement, a special retirement party was held on 13 April at Riverwood.

Colleagues, friends and families came together to wish them both well and to thank them for their commitment and hard work over the years. It was a lovely occasion filled with warmth, memories and well-wishes.

Juliet and Blossom both said how much they enjoyed the celebration and were very touched by everyone who came along to share the day with them. We wish them both a very happy and rewarding retirement.



# Easter Egg Hunt

On the 25th of March we hosted an Easter Egg Hunt. Sadly, due to poor weather we had to relocate from the Garrison Church to Riverwood. Even though the space was more restricted it was still a great day, including: many games, a magic show (by a Service User, Paul Pilcher) and the Easter Egg Hunt itself. We are grateful to Tesco and Asda for the eggs they donated and for those who came to support the event.



# Visit from Stephen King & Lance from See Ability



# Welcoming a New Volunteer



We welcomed Kellan as a new volunteer, He first joined our Life Skills project's confidence-in-the-community. When the funding finished, he came back as a volunteer with Lived experience. Kellan is hoping to join our board of trustees.

# Trustee News Update



We recently said goodbye to Madeleine, who has stepped down as Chair. It has been a privilege to work with her, and we sincerely thank her for her time, commitment, and support during her tenure. We wish Madeleine all the very best for the future and hope to stay connected.



We're delighted to welcome Sharon Hutton as interim Chair until our next AGM. She brings a wealth of experience and a strong commitment to our mission, and we look forward to working closely with her.

# Thank you



Garfield Weston  
FOUNDATION



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The Baily Thomas  
Charitable Fund ■

