

Greenlights Behavioural Support Programme

What to Expect from Greenlights

Statement of Intent:

We know that parenting can feel overwhelming when your child is struggling with behaviour at home. Greenlights provides practical, in-home support to help you build strategies that work for your family.

How Our Support Works:

We offer up to 10 sessions in your home.

Your support will take place over approximately 3–4 months.

We begin with weekly sessions to:

- Understand your child's behaviour
- Identify clear goals
- Develop practical strategies
- Model approaches in your home

We then move to sessions every two weeks to:

- Review progress
- Adjust strategies
- Help you feel confident managing independently

Why Is It Structured This Way?

There are many families in Greenwich who would benefit from support. Delivering our programme within a clear timeframe allows us to help as many families as possible, while still providing focused and effective support.

What We Ask of You:

- Attend scheduled sessions
- Try strategies between visits
- Communicate if you need to reschedule
- Engage within the agreed timeframe

Before starting, you will be asked to read and sign our Service Delivery Contract so we can work together with clear expectations.

We look forward to working alongside you.

Contact:

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