

How to Contact us



**Greenwich Mencap
The Riverwood Project**
Unit 7 Woolwich Common Enterprise Centre
Peace Street
Woolwich
SE18 4HX



020 8305 2245 / 020 8854 6261
10am to 4pm, Monday to Friday



www.greenwichmencap.org.uk



www.facebook.com/greenwichmencap



www.twitter.com/greenwichmencap



NEWSLETTER

January 2021

Hello and welcome to our January newsletter.

It seems a little bit of an understatement to say that this last year has been an incredibly unsettling one for many people. Here at Greenwich Mencap we have seen first-hand how individuals with a learning disability their families and carers have been affected. Isolation and lack of physical interaction has had a huge impact for many people and we have adapted our services to do as much as we can to provide virtual services to address this.

Please continue to stay in touch with us either by phone or email until normal business can resume. I would like to thank everyone for their continued support and understanding during this difficult time.

Remember to check our website for up to date news events/activities.

Terri



In This Issue

Effects On Our
Services

Useful Resources

Zoom Activities



PROTECT THE **NHS**

♥ **save lives**



The Equality Register



Thank you

- * The Royal Borough of Greenwich
- * The carers centre for the use of their minibus
- * Thames water for their kind donation of Christmas Hampers.
- * Parents who kindly donated funds to cover the cost of Riverwood's Christmas dinners and gifts
- * Our volunteers who have continued to support us through these challenging times.
- * The continued support of parents and carers.
- * Our staff team
- * Our Board of Trustees

How to become a member

Get annual membership of Greenwich Mencap for rewards, discounts and access to special events as well as free membership to the carers centre.

Annual membership of Greenwich Mencap is only £10, or £1 a month by Direct Debit.

As well as the benefits listed below, you'll be helping to support our organisation and ensure we can deliver the highest quality of services to those that need it most.



Tea and Coffee mornings



Quarterly Newsletters



Exclusive Member Events



Voting Rights at AGM and EGMs



Represent Other Members



Membership of the Greenwich Carers Centre



Local Discounts (Available with £5 Photo ID Card)

Did you know? You can explore taking part of your care package as a Direct Payment to commission services directly.

Riverwood placement fees is £56 for a full day and £30 for a half day

Independent living service (1-1 in the community) £18 per hour

Ways to Become a Member or Service User

Through Our Website www.greenwichmencap.org.uk

Or by Phoning James Thorpe on 0208 305 2245 Ext 204

Message Centre

Thank you

We would just like to thank all families, service users and everyone who has supported us during these difficult times. We really appreciate your continuous support we couldn't do it without you all.

Goodbye

We sadly say goodbye to Dela from Greenlights. We wish her all the best in her new adventures. Dela will sadly be missed by all as she was truly a valued member of staff.



Bereavements

Timothy Warner
Frederick Eustace



We have an obituary from Mr and Mrs Warner please see newsletter insert.

OUR COVID STORY SO FAR

We would like to say thank you to our commissioners at Royal Borough of Greenwich for their continued support which has enabled us to continue to provide services which has been a mixture of building based and virtual.

We originally closed our doors for our building based and face to face services on the 23rd March and immediately started up our virtual sessions.

Our main concern was to ensure our clients were kept informed and knew how to contact our team. With the support of Royal Mencap and other providers we were able to provide easy read guidelines on Covid and how to stay safe very quickly.

Like others we have found this last year very challenging and have worked hard to install many safety measures which allowed us to reopen our doors on the 1st September.

The day before our return we were informed our clients were no longer Eligible for passenger services. Again we managed to put in our own transport arrangements for our clients with the support of the carers centre who kindly gave us the use of one of their mini-buses.

Our Greenlights department also moved very fast in moving their services over to remote and found some very creative ways of engaging with their families.

The Independent Living services Continued with 1-1 support for our very isolated clients as well as maintaining engagement with their other families via telephone calls.

The welfare department also continued with a remote service.

Sadly due to the new variant of the virus and the 'R' number rising rapidly we had to closed again on the 18th December. We were very fortunate that we were able to enjoy a socially distanced festive week before we closed our doors. Our Riverwood users were able to enjoy a Christmas dinner cooked by myself and had a visit from Father Christmas.

We are now waiting for our staff to receive the vaccine before we can open up our Face to face and building based services. Which we anticipate will be early March.

How Coronavirus (Covid-19) is impacting our services

The information on this page explains how each of our services is impacted by the spread of Coronavirus. We will update it regularly so please keep checking back for the most current statuses. For general inquiries, please email: info@greenwichmencap.org.uk and we will aim to respond within one working day.

The Riverwood Project

The project is currently closed until further notice. Staff will be making regular contact with team members via Facebook and telephone calls.

Weekly Zoom chats and activities passwords and codes can be found on our website. More information on page 12.

Contact: info@greenwichmencap.org.uk

Information & Advice service

Staff are home based and offering support via phone on completing forms and signposting.

Contact: welfare@greenwichmencap.org.uk

Wednesday

Dramatic Voices With Trish and Jess.

11am —12pm

Meeting ID: 976446810789

Password: 589045



Thursday

Tramtastic Party

3pm — 4pm

Meeting ID: 970 9274 8453

Password: Party!



Friday

Riverwood Zoom

1pm — 2pm

Meeting ID: 968 979 0469

Password: 1





What's on Zoom



One of the ways Greenwich Mencap are keeping in contact with service users is by online activities via zoom. All meeting ID and passwords are below. We are here to help if you have any problems or questions please do not hesitate in contacting staff at

info@greenwichmencap.org.uk

sc1@greenwichmencap.org.uk

Sally: 07391 869134

Claire: 07944682280

Monday

Carers Coffee Morning with Trish.

10.45am — 11.45am

Meeting ID: 88223790099

Password: 613746



Tuesday

Riverwood Bingo

11.30am — 12.30pm

Meeting ID: 968 979 0469

Password: 1



Independent Living

Staff are offering a home service to our most isolated users.

Contact: Sally.ettridge@greenwichmencap.org.uk

Greenlights

Staff are home based and running virtual sessions.

Contact: greenlights@greenwichmencap.org.uk

Adult activities

Sessions are currently taking place via zoom, passwords and codes can be found on our website. More information on page 12.

Contact: sc8@greenwichmencap.org.uk

Siblings

This project is currently closed. Services will resume in the summer holidays with extra weekend sessions Any questions

contact: sc1@greenwichmencap.org.uk