

# ALL TOGETHER NOW

## Coming up this week...

### Sensory Stories

Sun 21<sup>st</sup> Feb 4pm via YouTube  
led by Alice Phelps and Jessie Percival

Join us for a sensory holiday in your own home, using everyday props to transport you to places unknown.

A **multi-sensory music and movement** led creative time to access our imaginations with the sounds and textures around us. This week we will be **going to the sea**.

#### 'Ahoy my hearties!'

What you will need to take part:  
A medium to large piece of material that reminds you of the sea - this could be a pillow case, sheet, piece of fabric, blanket, etc



## Find us on YouTube @Tramshed

ALL TOGETHER NOW is our programme of **free one-off arts sessions** hosted **live on YouTube** every week and available on catch up.

We welcome you to learn different art forms from poetry and storytelling to craft and comedy writing, with us live or whenever suits you on catch up.

**No sign up needed**, drop in as often as you'd like, suitable for all abilities and all the family.

Wiggle those dancing hips, learn to draw, write poetry, make crafts and share stories throughout Spring with ALL TOGETHER NOW

Every Tuesday 4pm **great for families**  
Every Sunday 4pm **for the whole community**

All ages, all abilities, ALL WELCOME and all completely **FREE**

### No tech? No problem!

Get in touch and we can get an activity sheet to you, by post or drop off. Email us at [info@tramshed.org](mailto:info@tramshed.org) with "All Together Now Printing" in the subject header or call us on **020 8854 1316** to let us know your name, address and (if you have one) email address.