



# Newsletter

## April 2018 - Spring edition



The Equality Register





## Welcome from Terri Looker, Director of Services

Hello and Welcome to our spring newsletter

An improvement that we have been looking to make for some time is to be able to take our Service Users on trips together, in a safe and happy environment. I am pleased to report that we have recently taken delivery of a 17-seat minibus, kindly donated by ProHire and maintained by Restore Datashred, which will give us much more flexibility and opportunities for our Service Users. We are very grateful to ProHire and Datashred for their kind donation. Everyone was delighted to take delivery and we welcomed Councillor David Gardner to the official launch on 23rd April.



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## Members Forum

I hope you will join me at the next Member's Forum meeting on Wednesday 6<sup>th</sup> June 2018, at the Stables café in The Carers Centre 76 Hornfair Road, London, SE7 7BD. Other Forums this year will be on;

- ❖ Wednesday 5<sup>th</sup> September
- ❖ Wednesday 5<sup>th</sup> December.

## Membership rewards

All paying members who have a photo membership badge can benefit from the following discounts at venues around Greenwich:

- ❖ Davy's Wine Vault, Greenwich High Road 10% discount
- ❖ North Pole Bar, Greenwich High Road 10% discount and 50% discount on the A la Carte restaurant menu
- ❖ Beezoo Café, Greenwich Station 10% discount
- ❖ Plumtree Café, Greenwich High Road 10% off drinks

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## How to become a Member

Membership costs just £10.00 a year. All Members receive the quarterly Newsletter free of charge. To qualify for the discounts shown above, Members can buy a photo Membership badge for £5.00.

The Membership fee can be paid in full by one payment or spread over a year by setting up a Direct Debit for £1.00 a month.

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## Different ways to support us and make donations

If you would like to support us, there are different ways to do this. You can:

- ❖ Send a donation – make cheques payable to Greenwich Mencap
- ❖ Donate online at: [www.virginmoneygiving.com/charities/greenwichmencap](http://www.virginmoneygiving.com/charities/greenwichmencap)
- ❖ Add Greenwich Mencap as your everyclick charity at: [www.everyclick.com](http://www.everyclick.com)
- ❖ Set up a Standing Order or Direct Debit
- ❖ Make a legacy to us in your Will

For further information about Membership or donations please contact:  
James Thorpe:

Tel: 0208 305 2245 Ext 204 Email: [finance@greenwichmencap.org.uk](mailto:finance@greenwichmencap.org.uk)

## Fundraising

Comedy Night – in partnership with



Monday 4 June 2018 at 8.00pm

We are pleased to be holding a second fundraising comedy night at the well-known Up The Creek Comedy Club.

There will be a terrific line up of comedians to amuse and entertain.

All proceeds will come directly to Greenwich Mencap. Tickets cost £10.00

### Fundraising concert

We will be hosting a fundraising concert in the autumn. Further details will be provided soon.

For more information please contact:

Kameel Khan

Tel: 020 8305 2245 Ex 212 or Email:[fundraising@greenwichmencap.org.uk](mailto:fundraising@greenwichmencap.org.uk)

## Data Protection

### General Data Protection Regulation (GDPR)

The GDPR will become Law on 25 May 2018.

It will change the way we are allowed to hold and use personal information on our Members, our clients and their families/main carers.

As part of this, we will have to contact all of our Members to gain consent on how we contact you.

All Members who receive our Newsletter, by either email or post will have to confirm to us that you still want us to send it to you.

To confirm you want to continue receiving our Newsletter please email:

[fundraising@greenwichmencap.org.uk](mailto:fundraising@greenwichmencap.org.uk) or

[finance@greenwichmencap.org.uk](mailto:finance@greenwichmencap.org.uk)

We can only continue to send you our Newsletter if you have told us you want us to do so.



## Events to look out for in 2018

### June 2018

- ❖ **Summer BBQ** – June 2018 date to be confirmed  
At Woolwich Common Community Centre.



### October 2018

- ❖ **Halloween Disco** - October 2018 date to be confirmed  
At Sherard Road Day Centre, from 6.30 – 8.30pm.



### December 2018

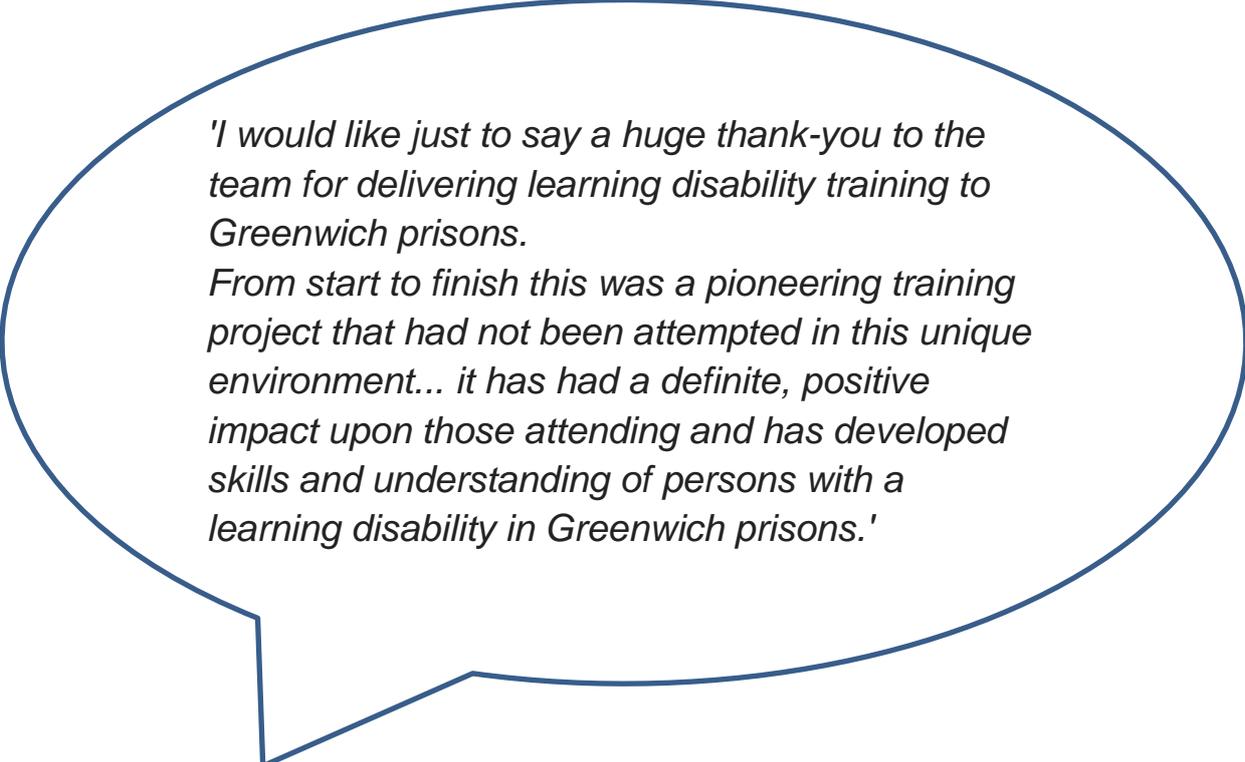
- ❖ **Christmas Party** – December 2018 date to be confirmed. At Sherard Road Day Centre from 6.30pm – 8.30pm.



## Department Update: Children services, Training and Development

### Training

Greenwich Mencap has now delivered training on various themes including communication and autism to the prison service. Thanks to Catherine McClimonds for leading on the delivery of this training with the support of Antonia Cassettari. Fantastic feedback has been received throughout the delivery including the following:



*'I would like just to say a huge thank-you to the team for delivering learning disability training to Greenwich prisons.  
From start to finish this was a pioneering training project that had not been attempted in this unique environment... it has had a definite, positive impact upon those attending and has developed skills and understanding of persons with a learning disability in Greenwich prisons.'*

*Antony Hawkins Oxlea's NHS Foundation Trust*

### Greenlights

Sadly we have to say good-bye to Antonia Cassettari (Toni) who has worked with Greenwich children and their families for the last 3 years.

Toni has been offered a new opportunity working with children in the field of occupational therapy.

A huge thank-you, from all of us at Greenwich Mencap, for Toni's valuable work with children. We wish her every success in the next step of her career.

## Department Update: Children services, Training and Development

### Support for Siblings

Support for Siblings continues to provide a much needed opportunity for children to explore their feelings and emotions in a safe and creative environment. More sessions will be available in the May half term and the summer holidays.

### Education Health and Care Plans

This service was due to close in March 2018 but it has been extended until July with a strong likelihood that the Council for Disabled Children will continue contracting the Independent Support service through Greenwich Mencap for another 1-2 years. This is fantastic news for Greenwich families.

### Talking Tails

The Training Education and Development Department continues to look at new creative projects to support families in Greenwich. We have been awarded a grant to run a new 1 year animal therapy project. The project was designed by Greenwich Mencap and is aimed at supporting children with Special Education Needs in mainstream primary schools who are having difficulties with social interactions.

It will foster inclusion through supporting a mix of both supported and unsupported children to work together in caring for animals. The project is due to start in September 2018.

For information please contact:

Anna-Maria Cahalane:

Tel: 020 83052245 ext 203 or Email [tedmanager@greenwichmencap.org.uk](mailto:tedmanager@greenwichmencap.org.uk)

## Department Update: Independent Living Service (ILS)

### ❖ ILS Team: Compulsory training days

The ILS Department will have three training days in 2018. All support workers will have to attend.

#### The dates for 2018 are:

- ❖ **Tuesday 5 June 2018**
- ❖ **Tuesday 18 September 2018**
- ❖ **Tuesday 27 November 2018**

Your Support worker will remind you of these dates closer to the time.

Please talk to you support worker direct to discuss if your scheduled hours can be used another time.

We realise this will cause some of you disruption however; it is important that our staff have proper training so they can continue deliver safe, good quality care.



## Department Update: Let's Sort It Out

### ❖ Weekly information, advice and guidance sessions



Let's Sort it Out gives advice and support to people on the autistic Spectrum.

The Autism Hub at the Carers Centre run by the National Autistic Society is on the third Friday of every month from 2.00pm – 6.00pm and offers activities and use of IT equipment.

### ❖ Committee Plus

Committee Plus needs new members!

We meet on the first Monday of every month, from 1.00pm – 2.00pm at Riverwood.

If you would like to find out more about becoming a member ring Carole on 07984 447 468

For further information please contact Carole Britton at:  
[lsio@greenwichmencap.org.uk](mailto:lsio@greenwichmencap.org.uk)



## Department Update: Riverwood Project

### Open Day

Riverwood continues to go from strength to strength, providing woodwork, arts and crafts to improve the lives of adults with a learning disability.

Riverwood team members are very busy getting ready for their open day on 25th May.

Please come and join us we will have some fantastic products on sale; staff will be available to discuss our work and to take orders.



### Weekly Movie evening starting May 10th

We are pleased to be launching a new weekly evening activity. Our movie evening will be held every Thursday from 4.30 pm - 6.30 pm.

It will be held at the Riverwood Project unit 7 Woolwich Common Enterprise Centre Peace Street SE18 4HX

Entrance is FREE and includes a soft drink (not fizzy), crisps and popcorn. Additional snacks will be on sale.

For further information contact Sam, on 0208 854 6261

**Week one film: Justice League.**

**Thursday 3 May 4.30pm**



## Adult Activity programme 2018

### Weekly activities

<b>Monday:</b> Walking (weather dependent)	12.00 – 2.00pm	Meet at Riverwood Project, Unit 7 Woolwich Common Enterprise Centre, Peace Street SE18 4HX
<b>Tuesday:</b> Coffee morning and Bingo	10.00am – 12.00pm	Woolwich Common Community Centre, Leslie Smith Square, London SE18 4DW
Wednesday: No activity		
<b>Thursday:</b> Lunch-time drop-in	12.00pm – 2.00pm	Woolwich Common Community Centre, Leslie Smith Square, London SE18 4DW
<b>Friday:</b> Gym and relaxation group	11.00am – 1.00pm	Woolwich Common Community Centre, Leslie Smith Square, London SE18 4DW

### Monthly activities

#### Bowling night

<b>Second Tuesday</b> of the month	6.00pm – 8.00pm	Lewisham Bowling, 11- 29 Belmont Hill, Lewisham SE13 5AU
Cost £5.00 for two games, for Freedom Pass holders or £11.00 without. There will be a Greenwich Mencap staff member to meet people outside the venue.		

#### Monthly Disco

<b>Second Thursday</b> of the month	6.30pm – 8.30pm	Sherard Road Centre, Tattersall Road, London SE9 6ET
Free		

#### Meal out

<b>Third Wednesday</b> of the month	6.00pm – 8.00pm	Different venue each month. Contact Tricia for location.
A meal and a drink will cost between £12.00 - £20.00		

#### Games night

<b>Last Thursday</b> of the month	7.00pm – 9.00pm	Sherard Road Centre, Tattersall Road, London SE9 6ET
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For information about activities contact Tricia on:  
Tel: 0208 854 6261 Mobile: 07583 429 158  
Email: [sc8@greenwichmencap.org.uk](mailto:sc8@greenwichmencap.org.uk)

## Announcements

### Congratulations

Marie Brennan, Riverwood Supervisor, safely gave birth to a healthy baby boy.

Congratulations to Marie and her family on this happy event.



## Announcements

### Condolences

#### Kevin Tye

We were very sad to hear of the death of Kevin Tye.

Kevin was a very popular among staff and clients at Greenwich Mencap, as well as the local Council and supported us by attending and participating in our activities for several years.

He will be missed by many and we're sure you'll join us in sending our condolences to his family.



*Thank  
you*



Thank you for your continued support, especially to everyone who helped raise funds for us over the past three months.

Greenwich Mencap,  
The Movement,  
Unit 4 Hopyard Studios,  
13 Lovibond Lane, London SE10 9FY  
Main number: 0208 305 2245



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